

Positief Coachen

Zo moet het niet...



## Even while losing, these kids learned to win

**Life lesson comes with 8-year-old autistic boy as a good teammate**



- **Alan Abrahamson (NBC sports)**
- MANHATTAN BEACH, Calif. —
- If this were a movie, Garrett Roth, who is 8 years old and autistic, would have stepped up for the last penalty kick in his youth-soccer league game, the Blue Lightning against Manhattan United, and knocked it home to deliver a playoff victory for Big Blue.
- That didn't happen.
- Life isn't a movie.
- [Real-life is some times even better!](#)

## Even while losing, these kids learned to win

- Too often we hear about it loud and long when it goes bad:
  - When a play-to-win coach goes off the handle.
  - When an overbearing parent gets irate.
  - When an overzealous kid plays mean.
- Sports, it is said, doesn't build character. It reveals it.
- Each of us is different; every single one of us is entitled to respect and decency. Which is why the kids, coaches and parents who not only get it but show that they get it — like all of those in the gathering dark that Saturday afternoon at the soccer fields at Mira Costa High School — deserve a rich measure of credit, too.

## Even while losing, these kids learned to win

- "We didn't win many games. But we learned how to lose. How to support each other and come together as a team," Jill said, adding, "It's why I love soccer. It's such a team sport. You have to rely on each other."

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The last of the Manhattan United kickers in that second penalty round made his shot, putting them up 4-3. Garrett was now up for the Blue Lightning.

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The referees then waved their hands and summoned Jill and Charlie onto the field. Quietly, the refs explained that Garrett did not have to take the kick; the Blue Lightning, per the rules, had the option of using a stronger kicker. Without missing a beat, both coaches said, "No way. He's kicking."

"That's why he got out there and he struggled. He wasn't sure how he should do this. He finally thought, 'He's playing, I'm playing,'" and resolved to play it straight up. Garrett was going to give it his best shot; if the shot got near the goal, Chasen was going to try to stop it.

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- Garrett ran right up and kicked the ball. He kicked it straight toward the goal. But just not hard enough.
- Chasen stopped the ball's roll, and the game was over, Manhattan United a 4-3 winner.
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- The Manhattan United boys did not tear off by themselves to celebrate. Instead, on their own accord, they surrounded Garrett to congratulate him.
- "I gave him a high-five," said Merrick Wong, another Meadows third-grader. "I was thinking he did a good job."

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- Of course the Blue Lightning crew, kids and adults, joined in to celebrate Garrett's good and great effort as well, Mike Roth saying, "Even though we lost, it felt like we won."
- He also said, "You never hear the story where things are done because it was the right thing to do. About working with integrity. This was teaching. It was," and this from a USC guy, "a John Wooden moment."
- He also said, "It's really what sport is about. You're there to help mold the kids to play through adversity."

## Positief coachen en Winnen?!?!?!?!?

- Winnen hoeft niet “slecht” te zijn
- Willen winnen of moeten winnen?
- Wat is winnen?

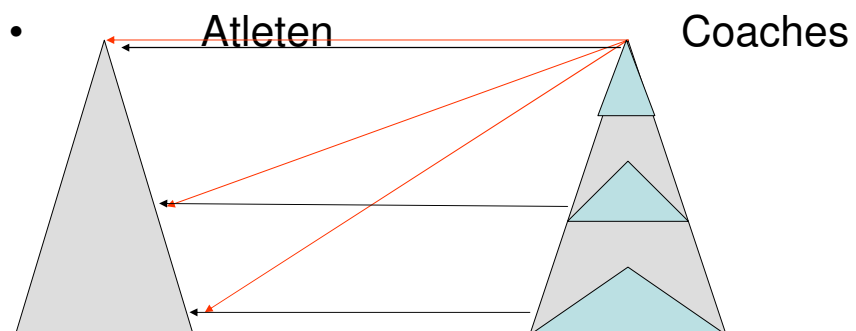
## Positief coachen en talentontwikkeling

- Talent mag
- Talentontwikkeling mag
- Talentbegeleiding mag en moet

- Kind centraal
- Jonge sporter centraal
- Jonge topsporter centraal



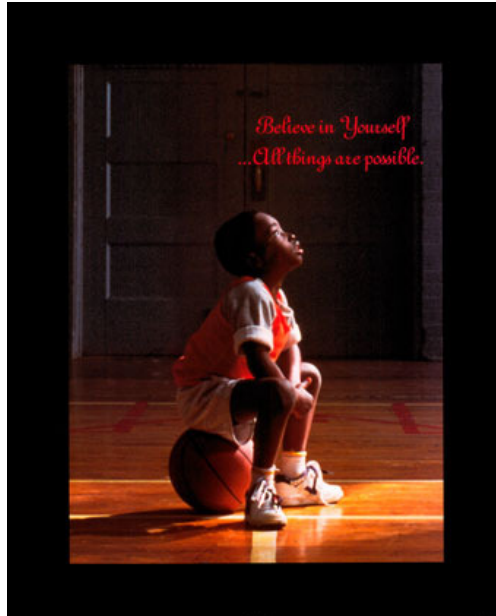
# Topcoaching



Voor en op elk niveau bestaat er  
toptraining en topcoaching

Het doel ligt in de weg...

## Postief coachen



## Positief supporteren...



Leerrijke dag gewenst!